



And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful. (Colossians 3:15 ESV)

THE EXAMPLE OF CHRIST FOR EVERYDAY PEACE
1. In the midst of stressful situations, Jesus found peace in God's faithful
Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing? (Matthew 6:25 ESV)
2. In the midst of difficult circumstances, Jesus found peace in God's perfect
Then Jesus went with them to a place called Gethsemane, and he said to his disciples, 'Sit here, while I go over there and pray'And going a little farther he fell on his face and prayed, saying, 'My Father, if it be possible, let this cup pass from me; nevertheless not as I will, but as you will.' (Matthew 26:36,39 ESV)
3. In the midst of relational dissensions, Jesus finds peace in God's merciful
And Jesus said, 'Father, forgive them, for they know not what they do.' (Luke 23:34a ESV)
TO CONSIDER: Who or what am Lallowing to be the umpire of my emotions?